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For promotional images go to [www.revolutioncycle.ie](http://www.revolutioncycle.ie) and follow the link to [flickr](#)

## Introduction

This November, Simon Evans and Fearghal O'Nuallain will begin the first Irish circumnavigation of the globe by bicycle. Their unsupported expedition will cover over 30,000km and pass through some of the highest, lowest, driest, coldest, warmest and loneliest places on earth. In doing so, they will be promoting the positive contribution that cycling can make to mental health and the environment, raising funds for Aware and highlighting climate change.



## History

Fearghal and Simon have been mates as far back as they can remember, and have been dreaming about going on a big adventure for almost as long. One rainy night in Dublin, three years ago, they made a pact to turn their dream into a reality. Over a few too many Guinness in The Stag's Head they agreed to take a chance and attempt something that seemed almost impossible to two ordinary lads from Wicklow. Boldly, they decided to cycle around the world.

The next three years were spent planning and training, poring over maps and reading expedition journals. Climbing mountains, cycling 1000km through the Egyptian desert, crawling through the freezing mud of the infamous Tough Guy Challenge and of course, spending many grueling miles in the saddle.

## **Where are they going?**

Now they are ready to attempt their long cycle home. It will begin and end at Greystones in Wicklow, passing through 30 countries, 4 continents and 24 time zones. It will be a truly global adventure. One that will take the two adventurers from the Great Wall of China to the Pyramids in Egypt, across the Gobi Desert and the Andes mountain range. Their wheels will roll on the asphalt roads of Western Europe, the snowy mountain paths of South America and the dusty tracks of Central Asia.

The two travellers will rely on the hospitality and charity of the people that they meet along the way. They will be greeted in Japanese, Farsi and Arabic. They will smile at many faces and shake hands with many skins, toasting with vodka in Omsk, wine in Bordeaux, and mint tea in Tehran. They will sleep beneath Siberian skies, in jungle huts and sheep hide yurts.

It will be a journey of challenging terrain and unfamiliar cultural environments. A journey that will push them to the boundaries of their physical and mental capabilities. Testing their individual characters and the strength of their life long friendship.

## **Why?**

All to highlight the positive contribution that cycling can make to the environment and mental health, raising funds for aware and highlighting climate change.

## **How can you take part?**

### **Online**

One of the things that make the Revolution expedition so unique is the fact that, using the most up-to-date communications technology, the lads can document and share the experience as it happens from anywhere in the world. This could mean adding a new journal article on the nightlife of Tokyo over a over some sushi and saki, uploading a new video on the bazaars of Cairo in a hot and smoky tea house or adding some fresh photos of the pristine landscape of Lake Baikal while sheltering from the rain in the tent. People can share the adventure, wish the lads luck or give them some friendly advice at [www.revolutioncycle.ie](http://www.revolutioncycle.ie).

### **On your bike**

On November the 2nd the first leg of the cycle will be from Blackrock to Greystones. The lads are inviting people to join them and 200 other bikers for this 25km cycle to raise funds for Aware. Also, when they return in Spring 2010, they will join a cavalcade of cyclists to cycle to their finish point in the Greystones.

## Facts and Figures

1st	Irish circumnavigation of the globe by bicycle
30	countries
4	continents
30,000	kilometers covered by bike
2	lifelong friends
2	bikes
13	different languages
25	kilograms of gear to be carried in a trailer towed behind the bikes
16	months on the road
100,000	euro for Aware
3	years of planning
0	grams of carbon, due to solar powered communications equipment
1	dream in the making
15,000,000	wheel revolutions
0	support vehicles
24	years of friendship